

**Immunosuppressive  
and  
immunomodulatory  
agents**

# Immunosuppressive agents

- Calcineurin inhibitors (immunophilin ligands) – cyclosporin, tacrolimus
- Proliferation signal inhibitors – sirolimus, everolimus
- Glucocorticosteroids
- Cytotoxic agents – antimetabolites (azathioprine, mycophenolate), alkylating agents (cyclophosphamide)
- Monoclonal antibodies

**Immunosuppressive agents - general indications:**

**Autoimmune diseases**

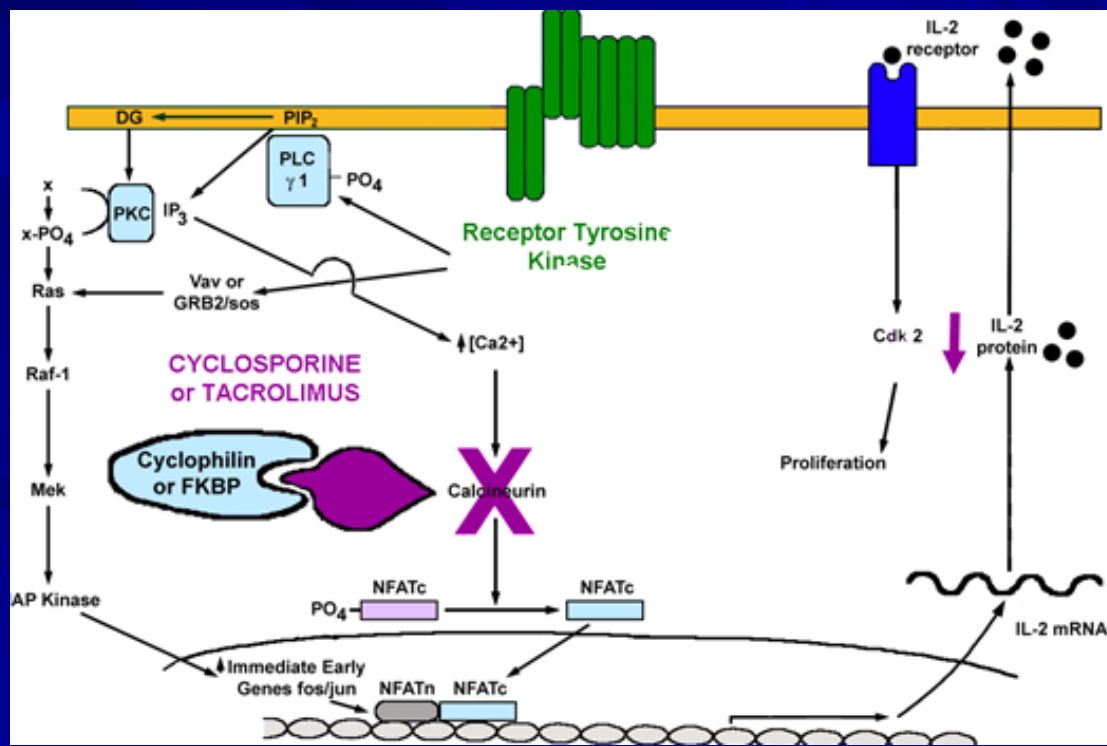
**Grafts rejection**

# Calcineurin inhibitors – cyclosporine, tacrolimus

- Cyclosporine act at an early stage in the antigen receptor-induced differentiation of T cells and blocks their activation.
- Cyclosporine binds to cyclophilin, a member of a class of intracellular proteins called immunophilins.
- Cyclosporine and cyclophilin form a complex that inhibits the cytoplasmic phosphatase, calcineurin, which is necessary for the activation of a T-cell-specific transcription factor.
- This transcription factor, NF-AT, is involved in the synthesis of interleukins (eg, IL-2) by activated T cells.

Tacrolimus (FK 506) binds to cytoplasmic peptidyl-prolyl isomerases that are abundant in all tissues. While cyclosporine binds to cyclophilin, tacrolimus binds to the immunophilin FK-binding protein (FKBP).

**100 time more potent than cyclosporine**



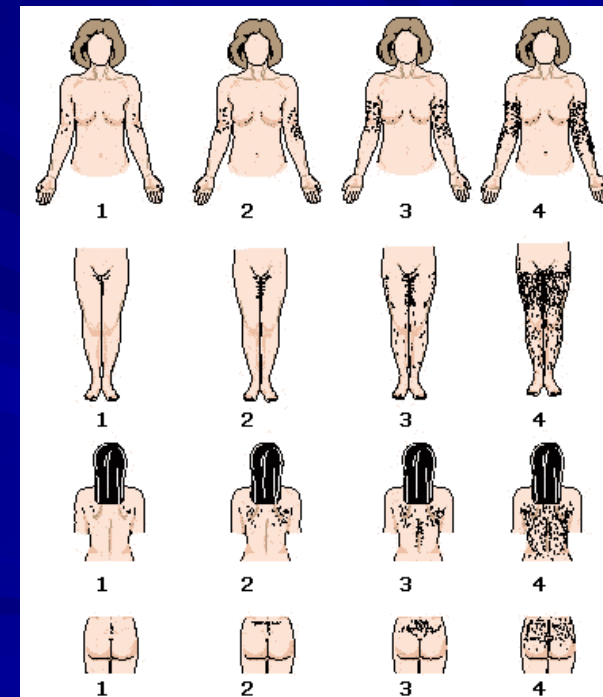
# Calcineurin inhibitors – pharmacological effects

- **Blocks IL-2 synthesis**
- **Supresses macrophages activation**
- **Inhibits release of IL-1, prevents formation of IL-1 receptors on CD<sub>4+</sub> T cells**
- **Blocks the expression of IL-2 receptors on naïve T cells**

**Conclusion – main effect: T cells are not stimulated to proliferate in response to antigen**

## Adverse effects

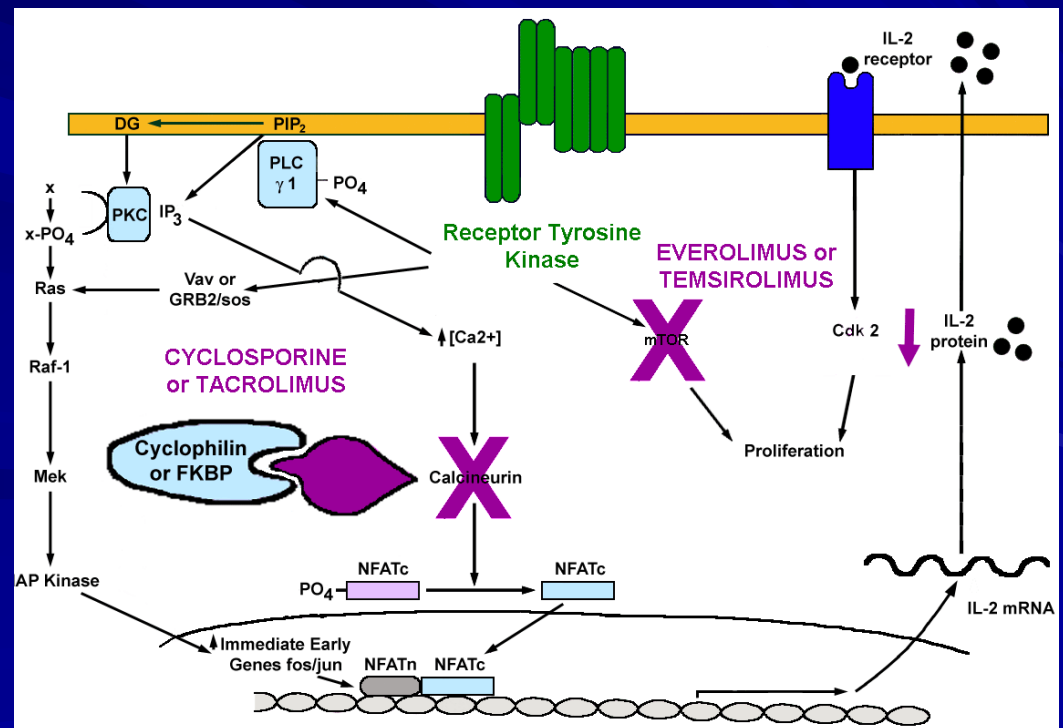
- **Nephrotoxicity**
- **Hypertension**
- **CNS toxicity (seizures, depression)**
- **Hirsutism**
- **Hepatotoxicity**
- **Increased risk of neoplasms development**
- **Gingival hyperplasia**



# Proliferation signal inhibitors – sirolimus (rapamycin), everolimus

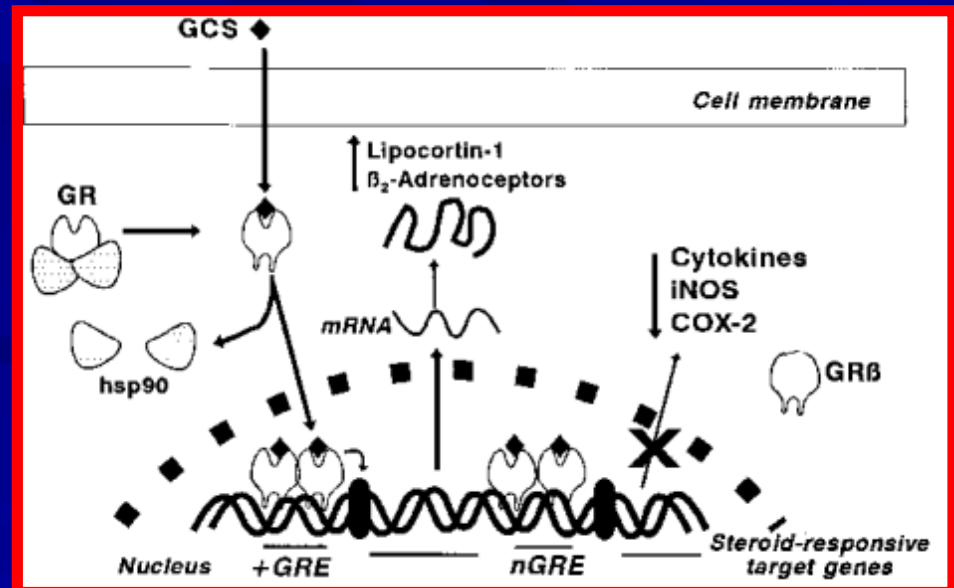
- **PSIs bind the circulating immunophilin FK506-binding protein 12, resulting in an active complex that blocks the molecular target of rapamycin (mTOR).**
- The mTOR is a key component of a complex intracellular signaling pathway involved in cellular processes such as cell growth and proliferation, angiogenesis, and metabolism.
- **Thus, blockade of mTOR ultimately can lead to inhibition of interleukin-driven T-cell proliferation.**
- Both everolimus and sirolimus also may inhibit B-cell proliferation and immunoglobulin production.

**Adverse effects:**  
myelosuppression (especially thrombocytopenia)  
hepatotoxicity  
diarrhea  
hypertriglyceridemia  
pneumonitis



# Glucocorticosteroids

- Bind to the cytoplasmatic receptor. This complex interacts with DNA. Transcription of specific genes are inhibited or promoted
- Glucocorticoids are thought to interfere with the cell cycle of activated lymphoid cells. Affect cytokines and inflammatory proteins synthesis. Cellular immunity is more affected than humoral one
- Glucocorticoids are quite cytotoxic to certain subsets of T cells, but their immunologic effects are probably due to their ability to modify cellular functions rather than to direct cytotoxicity.



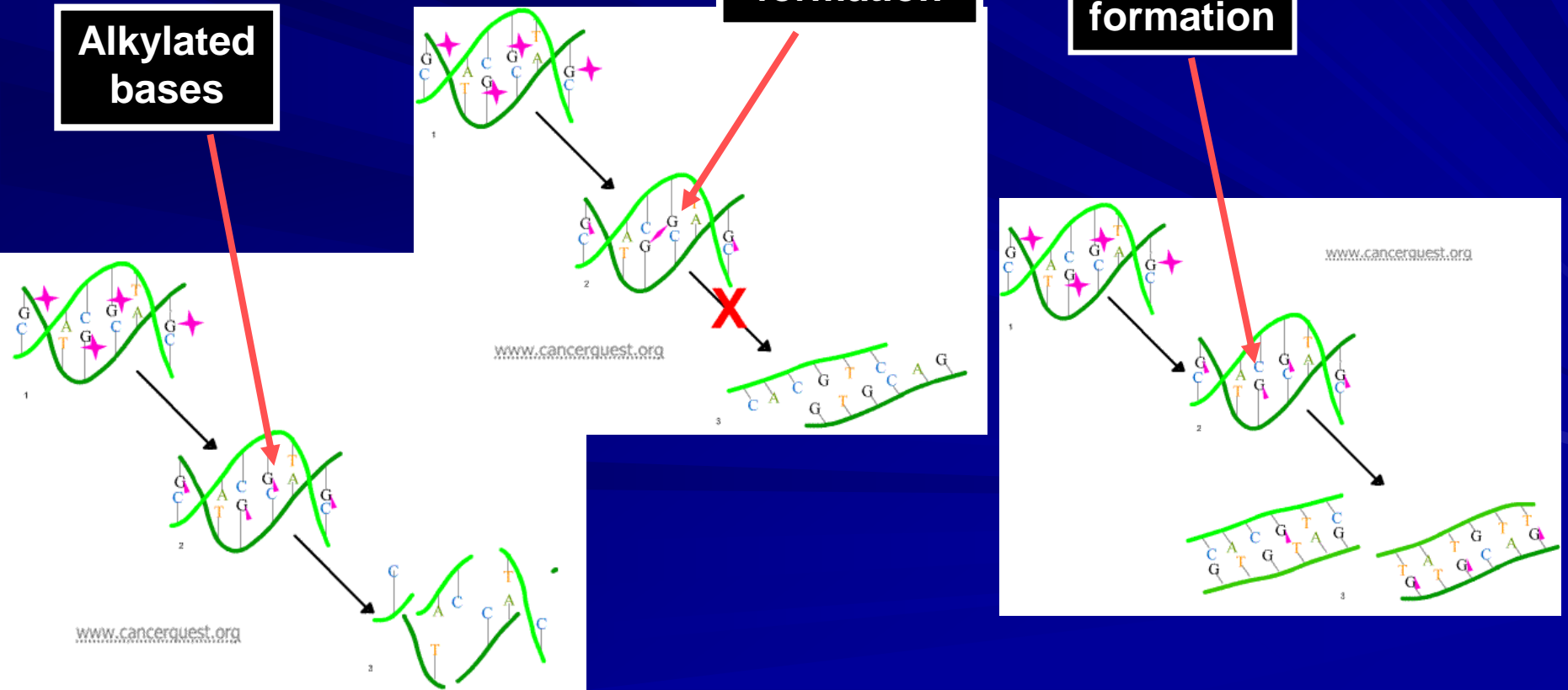
# Cytotoxic drugs: Cyclophosphamide

- **Alkylating agent**
- **Alkyle groups ( $\text{CH}_3$ ,  $\text{C}_2\text{H}_5$ ) from cyclophosphamide are bound by DNA, RNA and proteins**
- **Ultimate effect: killing intensively multiplying cells including T-cells**
- **Adverse reaction: bone marrow depression, haemorrhagic inflammation of the bladder**

Alkylated bases

Cross-links formation

Mispairs formation

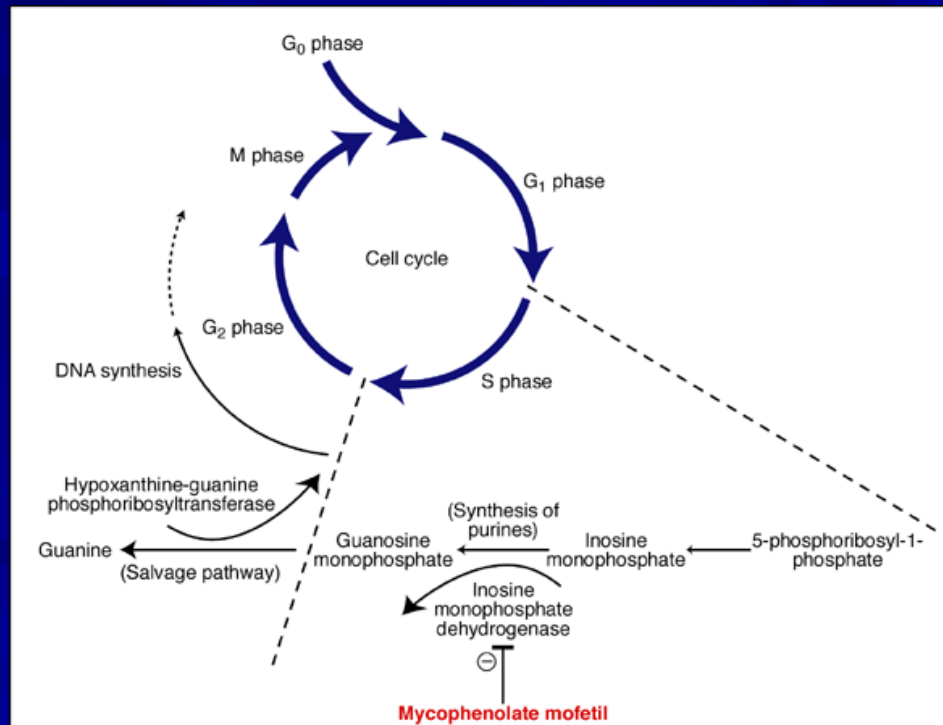


## Antimetabolite- Mycophenolate mofetil (MMF)

- inhibits T- and B-lymphocyte responses, including mitogen and mixed lymphocyte responses, probably by inhibition of de novo synthesis of purines.
- Toxicities include: gastrointestinal disturbances (nausea and vomiting, diarrhea, abdominal pain) headache, hypertension, and reversible myelosuppression (primarily neutropenia).

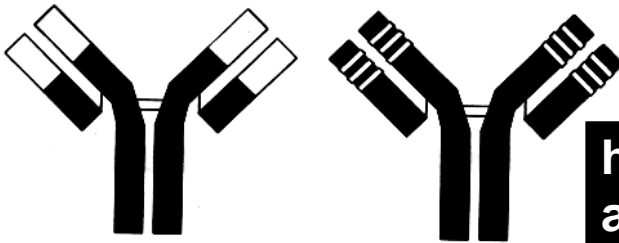
## Antimetabolite-Azathioprine

- produces immunosuppression by interfering with purine nucleic acid metabolism at steps that are required for the lymphoid cell proliferation that follows antigenic stimulation.
- the purine analogs are thus cytotoxic agents that destroy stimulated lymphoid cells.
- cellular immunity as well as primary and secondary serum antibody responses can be blocked by these cytotoxic agents



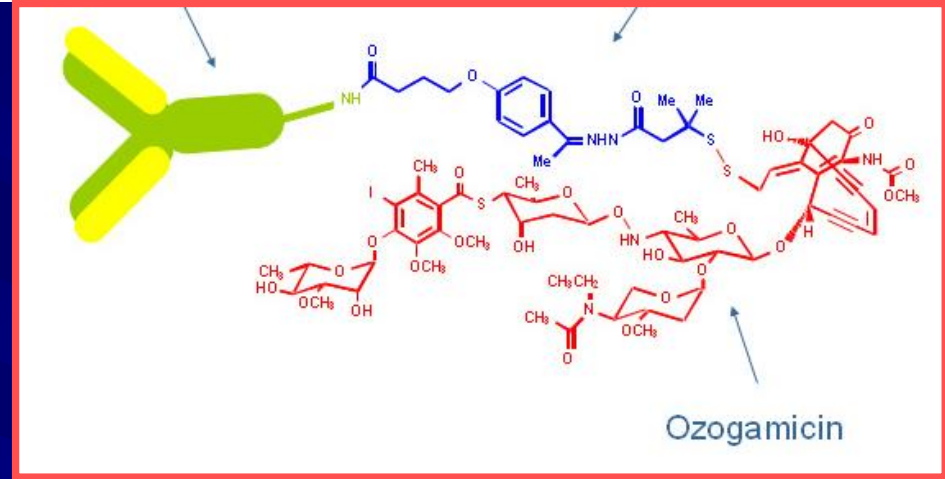
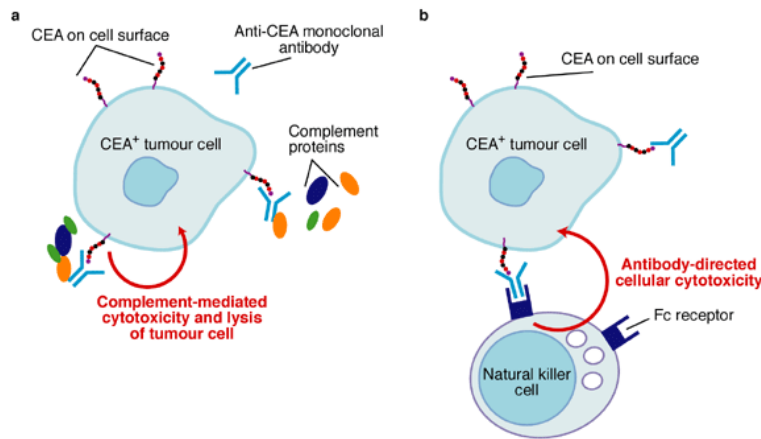
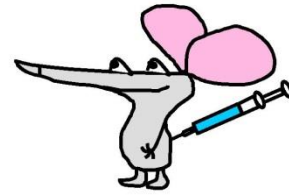


**chimeric antibody**

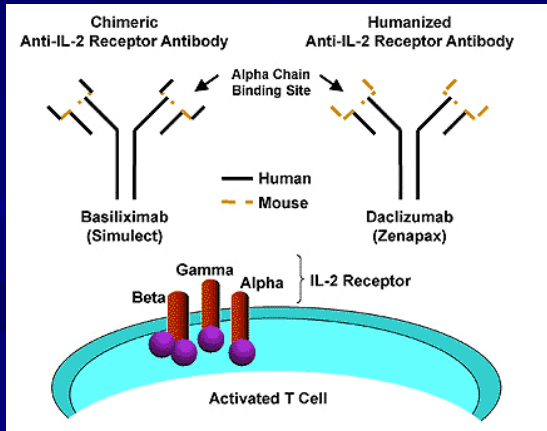


**humanized antibody**

**Monoclonal antibodies**



## 1. Induce cytotoxic effect



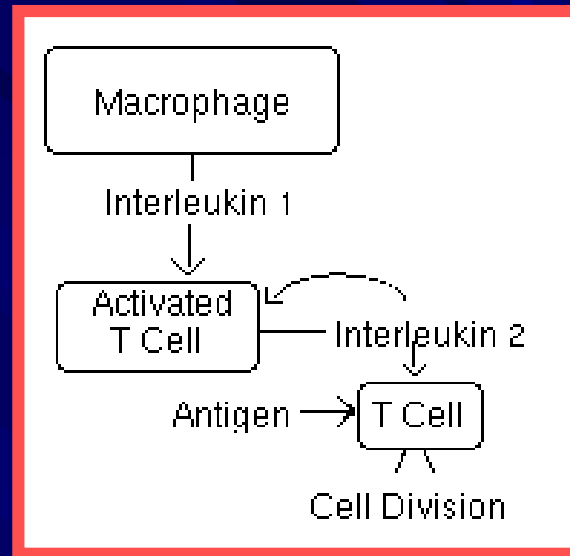
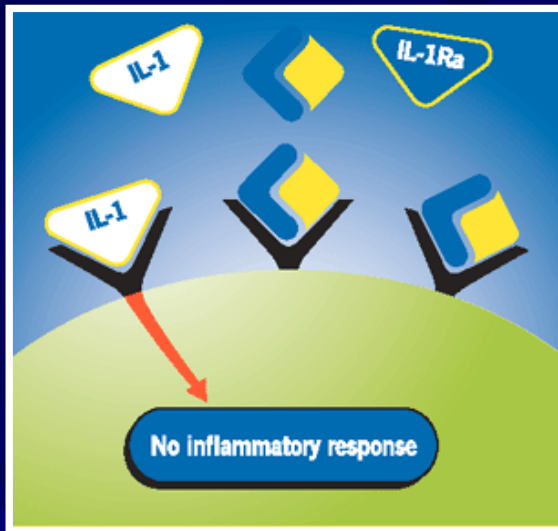
## 2. Inhibit binding receptors with their ligands

## 3. Transport radionuclides or toxins just to the target cells

**Ultimate effect: apoptosis**

## Monoclonal antibodies adverse effects

- **infusion-related cytokine release syndrome**
- **30 min post infusion – fever, chills, headache, fatigue, myalgia, arthralgia, skin reaction, respiratory disturbances, aseptic meningitis, pulmonary edema, hypotonia, arrhythmias, cardiac arrest**
- **baclizumab and daclizumab – rare**
- **systemic allergic reaction**
- **susceptability to infection and neoplasms development**
- **pancytopenia – mainly alemtuzumab**



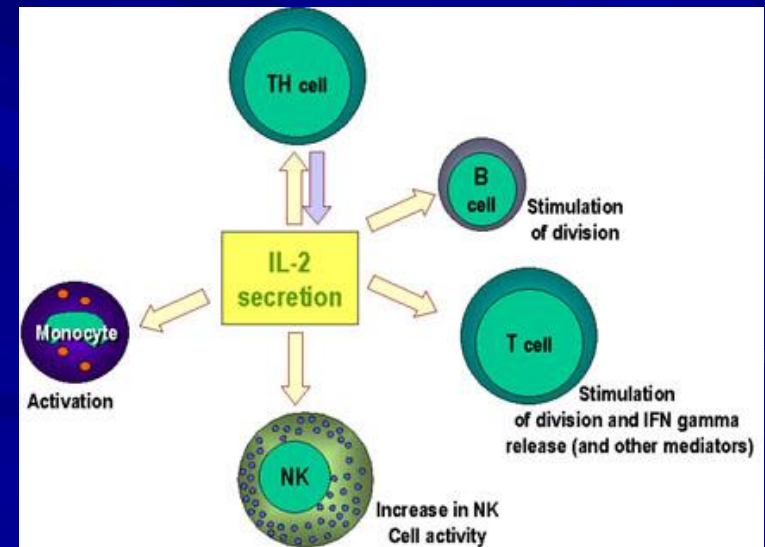
**Interleukin-1 receptor antagonist - anakinra**  
**Therapy of rheumatoid arthritis**

**Aldesleukin = IL-2**

**Effects: activation of NK-cells, stimulation T-cells proliferation**

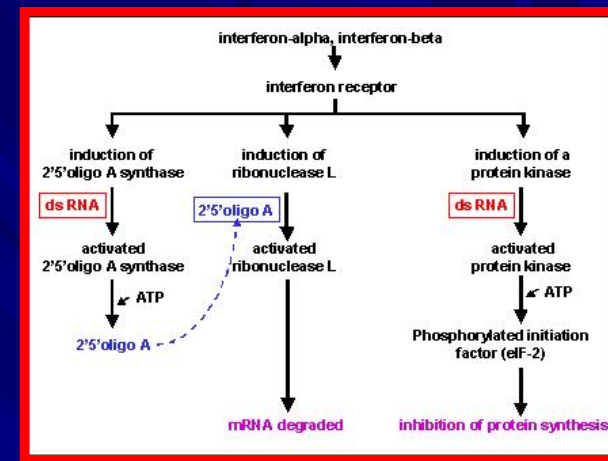
**Therapeutic use: cancers-metastases, HIV**

**Adverse effects: leak syndrome (edema, reduced organ perfusion, hypotension), arrhythmias, MI, respiratory insufficiency, mental disturbances, increased infection**



- **INF alfa and beta**
- **Phosphorylate STAT (signal transducers and activators of transcription)**
- **STAT form than complex with nonphosphorylated protein, enter nucleus, binds to DNA and promotes transcription**
- **Only nonphosphorylated STAT can bind to DNA**
- **Indications: hairy cell leukemia, chronic melanogenous leukemia, genital warts, sarcoma Kaposi, hepatitis C, melanoma (INF- $\alpha$ ), multiple sclerosis (INF- $\beta$ )**

**Adverse effects: flu-like symptoms, Leukopenia, depression, hepatotoxicity**



## INF-gamma

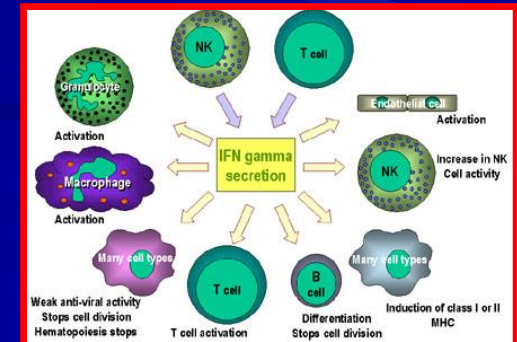
Antiviral activity

Stimulation of CD<sub>4+</sub> TH<sub>1</sub> T-cells and macrophages

Suppression of antibody production

Upregulation of MHC class II molecule expression on tumor cells

Therapeutic use: serious infections associated with granulomatous disease, malignant osteopetrosis, rheumatoid arthritis





**Thank you  
for attention!**